

630-812-6750

ASIAN INDIAN MENU FEBRUARY 2025

MONDAY		TUESDAY		WEDNESDAY	<u> </u>	THURSDAY		FRIDAY	
Green Beans Curry Yellow Moongdal White Rice Rotis Yogurt Fruit	3	Mutter Paneer Tadka Dal Jeera Rice Paratha Yogurt Fruit	4	Bhindi Masala Moong Yellow Rice Poories Yogurt Fruit	5	Chole Rajma White Rice Gobi Paratha Yogurt Fruit	6	Baingan Bharta Punchranga Dal White Rice Rotis Yogurt Fruit	7
Fried Rice Manchurian Soup Spring Rolls Raita Fruit	10	Aloo Methi Dal Makhani Paratha Jeera Rice Yogurt Fruit	11	Bagara Baignan Dal Palak Roti Rice Yogurt Fruit	12	Paneer Lebadedar Yellow Moongdal Jeera Rice Paratha Yogurt Fruit	13	Potato with Gravy Tadka Dal Tamarind Rice Methi Paratha Yogurt Fruit	14
Aloo Gobi Pakora Kadhi Rice Rotis Yogurt Fruit	17	Kadhai Paneer Tadka Dal Jeera Rice Naan Yogurt Fruit	18	Samosa Ragda Muthiya Pav Yogurt Fruit	19	Undhiyu Moong Rice Rotis Yogurt Fruit	20	Methi Mutter Malai Baked Potato Yellow Rice Paratha Yogurt Fruit	21
Potato Curry Tadka Dal White Rice Paratha Yogurt Fruit	24	Paneer Makhani Dal Makhani Jeera Rice Rotis Yogurt Fruit	25	Mixed Vegetable Moong White Rice Rotis Yogurt Fruit	26	Spinach Corn Raima (Kidney Bean) Yellow Rice Naan Yogurt Fruit	27	Navratan Kurrma Corn Tikki Biryani Paratha Yogurt Fruit	28
				All Meals Include a Beverage (*) Substitutions for Diab	etic				