



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Veggie Pork w/Cinn. Apples Au Gratin Potatoes Peas & Carrots Wheat Bread Whole Apple 3	Cheddar Broccoli Rice Casserole Cauliflower Whole Wheat Roll Warm Pear/Cran. Crumble 4	Beef Style Patty Mashed Potatoes Corn Multi-Grain Dinner Roll Pineapple Tidbits 5	Veggie Hot Dog Oven Fries Bean Casserole Wheat Bun Banana 6	Lasagna w/Marinara Sauce Broccoli Chef Choice Veggies Wheat Bread Oatmeal Raisin Cookie (*) 7
Breaded Chix Veggie Baked Sweet Potatoes Mixed Veggies Bread Stuffing Chef's Fruit 10	Spaghetti Marinara Sauce Mixed Salad Greens Multi Grain Bread Warm Peach Cobbler 11	Beef Stlye Flame Patty German Potato Salad Green Beans Wheat Sandwich Bun Apple Sauce (*) 12	Chix Patty Mashed Potatoes Cauliflower & Red Peppers Wheat Bread Mandarin Oranges 13	Citrus Alaskan Pollock Veggie Rice Pilaf Country Blend Veggies Multi-Grain Dinner Roll Chick Pea Salad Fresh Melon 14
Black Bean Patty Mashed Potatoes Peas & Carrots Wheat Bread Fresh Orange 17	BBQ Veggie Riblet Oven Fries Corn & Black Bean Salad Wheat Bun Whole Apple 18	Veggie Chix w/Cheddar Ale Veggie Rice Pilaf Broccoli Chef's Fruit Biscuit Oatmeal Raisin Cookie (*) 19	Veggie Strata Bake Hash Brown Potatoes Maple Glazed Pears Raisin Bread Cranberry Juice Fresh Banana 20	Egg Plant Parmesan Penne Pasta / Marinara Squash Medley Wheat Vienna Bread Chilled Peaches 21
Veggie Hot Dog Cabbage Diced Parslied Potatoes Carrots Rye Bread Fresh Melon 24	Chix Patty Chardonnay Mashed Potatoes Broccoli Multi Grain Bread Fresh Orange Chocolate Pudding (*) 25	Veggie Texas Chili Mac & Cheese Country Blend Veggies Multi Grain Bread Fruit Cup 26	Beef Style Patty Scalloped Potatoes Stewed Tomatoes Multi-Grain Bread Chilled Pears 27	Pollock Fish Filet Baked Potato California Blend Veggies Wheat Bread Vanilla Mandarin Pudding (*) 28
		All Meals Include a Beverage (*) Substitutions for Diabetic		

MENU ITEMS SUBJECT TO CHANGE WITHOUT NOTICE
 ~PLEASE CALL (630) 812-6750, BEFORE 9:00 AM, IF YOU NEED TO CANCEL YOUR DELIVERY~